



WHAT'S A PARENT TO DO?

a play & learn program for parents and their children

PARENTING ISN'T ALWAYS EASY

As parents, we all face challenges with our children. Whether it's a teething infant, or a difficult toddler, we've all doubted our parenting skills and have asked "Now what do I do?". This doesn't mean you're a bad parent, it just means you could use a little guidance.

Since you're not the only one with these type of issues, we've put together a fun and educational program for you and your family AND its free. The **Nurturing Parent Program** will address topics like disciplining your child, baby proofing your home and even handling the stresses of parenthood.

Each evening will include a parenting presentation, play activities and a light meal for you and your children. All Medina County families are welcome

IT'S A DATE

Each program will be held at the Medina County Achievement Center at 4691 Windfall Rd in Medina from 6:00 - 8:00 pm. Mark your calendars for the following dates.

September 15	January 5
September 22	January 12
September 29	January 19
October 6	January 26
October 13	February 2
October 20	February 9
November 3	February 16
November 17	February 23
November 24	March 2
December 1	March 9
December 8	March 16
December 15	March 23

(More information will be available at our first meeting)

**contact Michelle at
330.723.9615
for additional details**



Catholic Charities

made possible through a grant from the Ohio Children's Trust Fund
Administered by the Medina County Family First Council